ANESTHESIOLOGY





ON THE COVER:

The Perioperative Surgical Home has been conceived as a new patient-centered model designed to improve health and the delivery of health care while reducing cost through shared decision making and seamless continuity of care for the surgical patient. In this issue of ANESTHESIOLOGY, numerous articles present original data derived from clinical trials aimed at evaluating the utility of this new treatment paradigm.

•	THIS MONTH IN ANESTHESIOLOGY	1 A
	SCIENCE, MEDICINE, AND THE ANESTHESIOLOGIST	19A
	INFOGRAPHICS IN ANESTHESIOLOGY	21A
•	EDITORIAL VIEWS	
	Science, Medicine, and the Anesthesiologist: Two Pages to Keep You Abreast of Key Papers from Outside the Specialty and Relevant to Your Practice J. Mantz, J. P. Rathmell, and J. C. Eisenach	1
	A Shared Decision-making Intervention: Success or Failure? M. J. Barry	5
	Prehabilitation for Prevention of Postoperative Cognitive Dysfunction? D. J. Culley and G. Crosby	7
	Learning: Behavior Grounded in Experiences S. A. Black and A. J. Schwartz	10
€MB	Apply Protective Mechanical Ventilation in the Operating Room in an Individualized Approach to Perioperative Respiratory Care M. Eikermann and T. Kurth	12
	Postoperative Apnea in Former Preterm Infants: General Anesthesia or Spinal Anesthesia—Do We Have an Answer? C. D. Kurth and C. J. Coté	15

- ♦ Refers to This Month in Anesthesiology
- Refers to Editorial Views
- BA Best Abstract article originally presented at ANESTHESIOLOGY 2014
- See Supplemental Digital Content
- **CME** Article

■ PERIOPERATIVE MEDICINE

CLINICAL SCIENCE

$\Diamond \blacklozenge$	Decision Aid for Cigarette Smokers Scheduled for Elective Surgery	18
	D. O. Warner, A. LeBlanc, S. Kadimpati, K. S. Vickers, Y. Shi, and V. M. Montori	

29

38

55

66

In a randomized trial of 130 surgical patients, use of a decision aid consisting of laminated cards with pros and cons of continuing smoking, attempting temporary abstinence, or attempting to quit smoking improved measures of decisional quality but did not change perioperative tobacco use behavior.

♦ Behavioral Modification of Intraoperative Hyperglycemia Management with a Novel Real-time Audiovisual Monitor

S. Sathishkumar, M. Lai, P. Picton, S. Kheterpal, M. Morris, A. Shanks, and S. K. Ramachandran

Real-time audiovisual notification is associated with a significant increase in desirable intraoperative glycemic management behavior and may help achieve tighter intraoperative glycemic control.

◆ Apnea after Awake Regional and General Anesthesia in Infants: The General Anesthesia Compared to Spinal Anesthesia Study—Comparing Apnea and Neurodevelopmental Outcomes, a Randomized Controlled Trial

A. J. Davidson, N. S. Morton, S. J. Arnup, J. C. de Graaff, N. Disma, D. E. Withington, G. Frawley, R. W. Hunt, P. Hardy, M. Khotcholava, B. S. von Ungern Sternberg, N. Wilton, P. Tuo, I. Salvo, G. Ormond, R. Stargatt, B. G. Locatelli, M. E. McCann, and the General Anesthesia compared to Spinal anesthesia (GAS) Consortium

In a secondary analysis of more than 700 infants more than 60 weeks postmenstrual age randomized to regional or general anesthesia for inguinal herniorrhaphy, there was no difference in the incidence apnea in the first 12 postoperative hours (primary outcome measure), although early apnea in the first 30 min was less with regional.

Predictors of Failure of Awake Regional Anesthesia for Neonatal Hernia Repair: Data from the General Anesthesia Compared to Spinal Anesthesia Study—Comparing Apnea and Neurodevelopmental Outcomes

G. Frawley, G. Bell, N. Disma, D. E. Withington, J. C. de Graaff, N. Morton, M. E. McCann, S. J. Arnup, O. Bagshaw, A. Wolfler, D. Bellinger, A. J. Davidson, and the General Anesthesia compared to Spinal anesthesia (GAS) Consortium

In a secondary analysis of the General Anesthesia compared to Spinal anesthesia study, data from 339 infants younger than 60 weeks postmenstrual age receiving spinal or caudal anesthesia for herniorrhaphy were examined. Failure of regional anesthesia requiring general anesthesia occurred in 10% of cases, and its only predictor was bloody tap on the first attempt at lumbar puncture.

Protective *versus* Conventional Ventilation for Surgery: A Systematic Review and Individual Patient Data Meta-analysis

A. Serpa Neto, S. N. T. Hemmes, C. S. V. Barbas, M. Beiderlinden, M. Biehl, J. M. Binnekade, J. Canet, A. Fernandez-Bustamante, E. Futier, O. Gajic, G. Hedenstierna, M. W. Hollmann, S. Jaber, A. Kozian, M. Licker, W.-Q. Lin, A. D. Maslow, S. G. Memtsoudis, D. Reis Miranda, P. Moine, T. Ng, D. Paparella, C. Putensen, M. Ranieri, F. Scavonetto, T. Schilling, W. Schmid, G. Selmo, P. Severgnini, J. Sprung, S. Sundar, D. Talmor, T. Treschan, C. Unzueta, T. N. Weingarten, E. K. Wolthuis, H. Wrigge, M. Gama de Abreu, P. Pelosi, and M. J. Schultz; for the PROVE Network Investigators

This individual patient meta-analysis of 2,127 patients ventilated under general anesthesia for surgery from 15 randomized controlled trials shows that intraoperative ventilation with low tidal volume protects against postoperative pulmonary complications, but further trials are necessary to define the role of intraoperative higher positive end–expiratory pressure to prevent postoperative pulmonary complications after major abdominal surgery.

 \Diamond

	Intraoperative Mean Arterial Pressure Variability and 30-day Mortality in Patients Having Noncardiac Surgery E. J. Mascha, D. Yang, S. Weiss, and D. I. Sessler	79
	Average mean arterial pressure and mean pressure variability were nonlinearly related to 30-day mortality in noncardiac surgical patients. After adjusting for time-weighted average mean arterial pressure and other important covariables, low blood pressure variability as measured by an improved formula was still associated with higher 30-day mortality, but the differences were not clinically important. Anesthesiologists might thus pay more attention to overall trends in the mean blood pressure for a case than in the minute-to-minute variation.	
\Diamond	A Randomized, Double-blinded Trial of a "Rule of Threes" Algorithm <i>versus</i> Continuous Infusion of Oxytocin during Elective Cesarean Delivery V. P. Kovacheva, M. A. Soens, and L. C. Tsen	92
	In 60 women randomized to treatment at cesarean delivery, a single intravenous bolus of 3 IU at delivery was as effective as continuous, wide-open infusion of oxytocin, 30 IU/500 ml despite less total oxytocin delivered. Groups did not differ in side effects associated with oxytocin.	
(1)	Assessing and Comparing Anesthesiologists' Performance on Mandated Metrics Using a Bayesian Approach E. O. Bayman, F. Dexter, and M. M. Todd	101
	Noncompliance with simple blood pressure and oxyhemoglobin saturation metrics defined by the Joint Commission in the United States in approximately 70,000 cases at the University of Iowa (Iowa City, Iowa) was present in up to 43 and 70% of anesthesiologists, respectively, using frequentist statistics compared with 2.4 and 0% using a Bayesian approach. SUPPLEMENTAL DIGITAL CONTENT IS AVAILABLE IN THE TEXT	
\Diamond	Compliance with Surgical Care Improvement Project for Body Temperature Management (SCIP Inf-10) Is Associated with Improved Clinical Outcomes A. V. Scott, J. L. Stonemetz, J. O. Wasey, D. J. Johnson, R. J. Rivers, C. G. Koch, and S. M. Frank	116
	Data from 45,304 noncardiac surgical patients at a single academic medical center found that 1,240 were noncompliant (body temperature < 36°C or no use of active warming). Noncompliant patients had an increased risk of infection, ischemic events, and mortality, supporting maintenance of normothermia as a useful perioperative quality measure.	
(1)	A Clinical Trial to Detect Subclinical Transfusion-induced Lung Injury during Surgery J. R. Feiner, M. A. Gropper, P. Toy, J. Lieberman, J. Twiford, and R. B. Weiskopf	126
	In this study, transfused erythrocytes in surgical patients did not impair gas exchange as assessed by Pao_2/Fio_2 . SUPPLEMENTAL DIGITAL CONTENT IS AVAILABLE IN THE TEXT	
	Propensity Score-matched Comparison of Postoperative Adverse Outcomes between Geriatric Patients Given a General or a Neuraxial Anesthetic for Hip Surgery: A Population-based Study CC. Chu, SF. Weng, KT. Chen, CC. Chien, JP. Shieh, JY. Chen, and JJ. Wang	136
	Using Taiwan's in-patient claims database, the effect of anesthetic technique on in-hospital outcomes was assessed. Neuraxial techniques were found to have lower rates of in-hospital adverse outcomes of several types including mortality, stroke, and others.	
\Diamond	Effects of an Innovative Psychotherapy Program for Surgical Patients: Bridging Intervention in Anesthesiology—A Randomized Controlled Trial L. F. Kerper, C. D. Spies, AL. Salz, E. Weiß-Gerlach, F. Balzer, T. Neumann, S. Tafelski, A. Lau, B. Neuner, N. Romanczuk-Seiferth, H. Glaesmer, KD. Wernecke, E. Brähler, and H. Krampe	148
	In 220 surgical patients with comorbid mental disorders (primarily mood, anxiety and adjustment disorders, or alcohol or tobacco abuse), those randomized to psychotherapy sessions perioperatively and up to 3 months postoperatively were more likely to participate in psychosocial mental health care 6 months after surgery than those randomized to brief written advice only.	

CONTENTS

BASIC SCIENCE

DAS	IC SCIENCE	
◆ ⊕	Impact of Preoperative Environmental Enrichment on Prevention of Development of Cognitive Impairment following Abdominal Surgery in a Rat Model T. Kawano, S. Eguchi, H. Iwata, T. Tamura, N. Kumagai, and M. Yokoyama	160
	Anesthesia and surgery were associated with memory deficits, microglial activation, and elaboration of inflammatory cytokines in aged, but not young, animals. Preoperative environmental enrichment attenuated cognitive deficits and cytokine production in the brain. The data suggest that preoperative environmental enrichment can mitigate the adverse effects of anesthesia and surgery on postoperative cognitive function. SUPPLEMENTAL DIGITAL CONTENT IS AVAILABLE IN THE TEXT	
BA	Critical Changes in Cortical Neuronal Interactions in Anesthetized and Awake Rats A. G. Hudetz, J. A. Vizuete, S. Pillay, and K. M. Ropella	171
	Neuronal interactions increase during stepwise emergence from desflurane anesthesia and were enhanced by visual stimulation to the greatest extent during the return of righting reflex. Critical changes in neuronal interaction correlate with depth of anesthesia and an experimental index of the return of consciousness.	
	CRITICAL CARE MEDICINE	
CLI	NICAL SCIENCE	
	Assisted Ventilation in Patients with Acute Respiratory Distress Syndrome: Lung-distending Pressure and Patient–Ventilator Interaction J. Doorduin, C. A. Sinderby, J. Beck, J. G. van der Hoeven, and L. M. A. Heunks	181
	Twelve patients with mild-to-moderate acute respiratory distress syndrome were ventilated in a randomized order with three ventilation modes: pressure control ventilation, pressure support ventilation, and neurally adjusted ventilatory assist. Lung-protective ventilation was maintained to a similar degree in all study arms; the results are hypothesis generating for using assisted ventilation in patients with acute respiratory distress syndrome after the first 48 h of therapy, which might include paralysis. SUPPLEMENTAL DIGITAL CONTENT IS AVAILABLE IN THE TEXT	
	PAIN MEDICINE	
BAS	IC SCIENCE	
	Effect of 1.5% Topical Diclofenac on Clinical Neuropathic Pain S. U. Ahmed, Y. Zhang, L. Chen, A. Cohen, K. St. Hillary, T. Vo, M. Houghton, and J. Mao	191
	Using a blinded, placebo-controlled, crossover trial design, lower pain scores were observed after treatment with topical diclofenac. Several secondary endpoints and functional status were unchanged. Topical diclofenac was not associated with complications within the timeframe of the study.	
	Modulation of Nerve Injury–induced HDAC4 Cytoplasmic Retention Contributes to Neuropathic Pain in Rats TB. Lin, MC. Hsieh, CY. Lai, JK. Cheng, YP. Chau, T. Ruan, GD. Chen, and HY. Peng	199
	In a rat model of neuropathic pain, histone deacetylases 4 phosphorylation led to its cytoplasmic retention due to phosphorylation-dependent interaction with 14-3-3β. Inhibition of histone deacetylases phosphorylation reduced	

■ EDUCATION

IMAGES IN ANESTHESIOLOGY

Coexisting Aortic Stenosis and Left Ventricular Outflow Tract Obstruction
 S. M. Haddy
 SUPPLEMENTAL DIGITAL CONTENT IS AVAILABLE IN THE TEXT

allodynia and prevented its cytoplasmic translocation, suggesting a novel therapeutic target for neuropathic pain.

CONTENTS

CLI	NICAL CONCEPTS AND COMMENTARY	
\Diamond	Antifibrinolytic Therapy for Cardiac Surgery: An Update A. Koster, D. Faraoni, and J. H. Levy	214
	Antifibrinolytic therapy reduces bleeding and chest tube drainage output in cardiac surgical patients but is associated with potential side effects. Two phase-II studies with new compounds were terminated prematurely. There is increasing evidence of adverse side effects with tranexamic acid.	
MIN	ND TO MIND	
	Perioperative Six-word Stories R. Kiberenge, D. Hester, S. Harvey, and B. McNew	222
	The Scarlet "A" M. Udoji	224
	Telling Him W. E. Morrison	226
	CORRESPONDENCE	
	Postoperative Outcomes in Obstructive Sleep Apnea: Matched Cohort Study R. Kaw	229
	In Reply T. C. Mutter, D. Chateau, M. Moffatt, C. Ramsey, L. L. Roos, and M. Kryger	
	Neostigmine: You Can't Have It Both Ways A. F. Kopman and M. Naguib	231
	In Reply M. J. Meyer, N. Sasaki, and M. Eikermann	
	Confounders versus Mediators: An Important Distinction K. Raghunathan, T. E. Miller, and A. M. Rashid	234
	High-molecular Hydroxyethyl Starch: Is More Data Still Needed? C. Ertmer and H. Van Aken	
	In Reply A. Kurz, N. Makarova, J. E. Dalton, and D. I. Sessler	
	Tracheal Tube Obstruction Assessed by Computed Tomography M. J. Schultz	236
	Can the Continuous Hemofiltration Control Ebola-induced Systemic Inflammatory Response Syndrome? R. García-Hernández, M. A. Moguel-González, G. García-Benito, E. Calderón Seoane, and L. M. Torres Morera	237
	ANESTHESIOLOGY REFLECTIONS FROM THE WOOD LIBRARY-MUSEUM	
	Brown's Household Panacea: Stealing Away Pain George S. Bause	6
	"Between Long and Morton"? C. W. Mayo Opines George S. Bause	17

CONTENTS

Laughing Gas for the "Pulpit Clown"? George S. Bause	100
■ REVIEWS OF EDUCATIONAL MATERIAL	239
■ ANNOUNCEMENTS	240
■ CAREERS & EVENTS	23A

INSTRUCTIONS FOR AUTHORS

The most recently updated version of the Instructions for Authors is available at www.anesthesiology.org. Please refer to the Instructions for the preparation of any material for submission to Anesthesiology.

Manuscripts submitted for consideration for publication must be submitted in electronic format. The preferred method is via the Journal's Web site (http://www.anesthesiology.org). Detailed directions for submissions and the most recent version of the Instructions for Authors can be found on the Web site (http://www.anesthesiology.org). Books and educational materials should be sent to Alan Jay Schwartz M.D., M.S.Ed., Director of Education, Department of Anesthesiology and Critical Care Medicine, The Children's Hospital of Philadelphia, 34th Street and Civic Center Blvd., Room 9327, Philadelphia, Pennsylvania 19104-4399. Requests for permission to duplicate materials published in ANESTHESIOLOGY should be submitted in electronic format, to the Permissions Department (journalpermissions@lww.com). Advertising and related correspondence should be addressed to Advertising Manager, ANESTHESIOLOGY, Lippincott Williams & Wilkins, Two Commerce Square, 2001 Market Street, Philadelphia, Pennsylvania 19103 (Web site: http://www.wkadcenter.com/). Publication of an advertisement in ANESTHESIOLOGY does not constitute endorsement by the Society or Lippincott Williams & Wilkins, Inc. of the product or service described therein or of any representations made by the advertiser with respect to the product or service.

ANESTHESIOLOGY (ISSN 0003-3022) is published monthly by Lippincott Williams & Wilkins, 16522 Hunters Green Parkway, Hagerstown, MD 21740-2116. Business office: Two Commerce Square, 2001 Market Street, Philadelphia, PA 19103. Periodicals postage paid at Hagerstown, MD, and at additional mailing offices. Copyright © 2015, the American Society of Anesthesiologists, Inc.

Annual Subscription Rates: United States—\$799 Individual, \$1566 Institution, \$319 In-training. Rest of World—\$843 Individual, \$1739 Institution, \$319 In-training. Single copyrate \$145. Subscriptions outside of North America must add \$52 for airfreight delivery. Add state sales tax, where applicable. The GST tax of 7% must be added to all orders shipped to Canada (Lippincott Williams & Wilkins' GST Identification #895524239, Publications Mail Agreement #1119672). Indicate in-training status and name of institution. Institution rates apply to libraries, hospitals, corporations, and partnerships of three or more individuals. Subscription prices outside the United States must be prepaid. Prices subject to change without notice. Subscriptions will begin with currently available issue unless otherwise requested. Visit us online at www.lww.com.

Individual and in-training subscription rates include print and access to the online version. Online-only subscriptions for individuals (\$257) and persons in training (\$257) are available to nonnembers and may be ordered by downloading a copy of the Online Subscription FAXback Form from the Web site, completing the information requested, and faxing the completed form to 301-223-2400/44 (0) 20 7981 0535. Institutional rates are for print only; online subscriptions are available via Ovid. Institutions can choose to purchase a print and online subscription together for a discounted rate. Institutions that wish to purchase a print subscription, please contact Lippincott Williams & Wilkins, 16522 Hunters Green Parkway, Hagerstown, MD 21740-2116; phone: 1-800-638-3030 (outside the United States 301-223-2300/44 (0) 20 7981 0525); fax: 301-223-2400/44 (0) 20 7981 0535. Institutions that wish to purchase an online subscription or online with print, please contact the Ovid Regional Sales Office near you or visit www.ovid.com/site/index.jsp and select Contact and Locations.

Address for non-member subscription information, orders, or change of address: Lippincott Williams & Wilkins, 16522 Hunters Green Parkway, Hagerstown, MD 21740-2116; phone: 1-800-638-3030 (outside the United States 301-223-2300/44 (0) 20 7981 0525); fax: 301-223-2400/44 (0) 20 7981 0535; email: customerservice@lww.com. In Japan, contact LWW Japan Ltd., 3-23-14 Hongo, Bunkyo-ku, Tokyo 113, Japan; phone: 81-3-5689-5400;fax:81-3-5689-5402;email: bclaim@lwwis.co.jp.InBangladesh,India,Nepal, Pakistan, and Sri Lanka, contact Globe Publications Pvt. Ltd., B-13 3rd Floor, A Block, Shopping Complex, Naraina, Vihar, Ring Road, New Delhi 110028, India; phone: 91-11-25770411; fax: 91-11-25778876; email: info@globepub.com.

Address for member subscription information, orders, or change of address: Members of the American Society of Anesthesiologists receive the print and online journal with their membership. To become a member or provide a change of address, please contact the American Society of Anesthesiologists, 1061 American Lane, Schaumburg, Illinois 60173-4973; phone: 847-825-5586; fax: 847-825-1692; email: membership@ASAhq. org. For all other membership inquiries, contact Lippincott Williams & Wilkins Customer Service Department, P.O. Box 1580, Hagerstown, MD 21741-1580; phone: 1-800-638-3030 (outside the United States 301-223-2300/44 (0) 20 7981 0525); fax: 301-223-2400/44 (0) 20 7981 0535; email: memberservice@lww.com.

Postmaster: Send address changes to ANESTHESIOLOGY, P.O. BOX 1550, Hagerstown, MD 21740.

Advertising: Please contact Mike Prinzi, Field Sales Rep, Medical Journals, Lippincott Williams & Wilkins, 333 Seventh Avenue, 19th Floor, New York, NY 10001; tel: (800) 933–6525, fax: (646) 607-5479, e-mail: Mike.Prinzi@wolterskluwer.com. For classified advertising: Keida Spurlock, Recruitment Advertising Representative, Lippincott Williams & Wilkins, Two Commerce Square, 2001 Market Street, Philadelphia, PA 19103; tel: (215) 521-8501, fax: (215) 689-2453. e-mail: Keida.Spurlock@wolterskluwer.com.